



Intramural Sports Indoor Soccer Rules



Intramural Sports Participant Manual

- All participants are required to adhere to the policies of Intramural Sports. This information is located online at <http://intramurals.athletics.cornell.edu>.
- In the Intramural Sports Participant Manual, you will find important information regarding:

Team Information	Participant Information
• Registration	• Eligibility
• Divisions	• Participation
• Playoffs	• Participant Conduct
• Sportsmanship	• Safety
• Forfeits and Cancellations	• Alcohol and Drug Policy
• Protests	
• Champions	

Location

- All games will be played in the gymnasium at the Noyes Community Recreation Center.
- Admittance into the facility requires a Cornell ID for every participant and spectator.

Tournament Format

- Teams will compete in pool-play before they are seeded for single elimination playoff rounds.
- All games will be played on Sunday nights between 7:00pm-12:00am.

Timing

- Games consist of two, 12-minute halves with running time.
- Teams need to sign in 10-minutes prior to the start of each game. Games will begin as scheduled; game time is forfeit time.

Players

- Teams consist of five players (no designated goalies).
- A maximum of five players are allowed on the court at all times. A minimum of four players, are required to begin and continue play. Shin guards are strongly recommended.

League Miscellaneous

- Forfeit score is 3 – 0.
- Ties in playoffs, will result in a 3-on-3 shootout with alternating male and female players. Shootout scores will be recorded as one extra goal for the winning team on top of the regulation score (i.e. a 4-4 regulation tie with a 3-2 shootout score will be recorded as a 5-4 final).
- An unacceptable sportsmanship rating or a forfeit will result in the team being removed from the league.

- Playoff seeding be done with consideration to the following categories in the order listed:
 1. Record
 2. Goal differential
 3. Number of goals scored
 4. Number of goals surrendered
 5. A coin flip

Game Play

- The ball does not have to go forward to begin the game.
- Only one defensive player may enter the basketball lane (as marked on the gym floor) and s/he may not use her/his hands to play the ball.
- The ball going out over the sideline will result in an indirect kick.
- The ball going out over the baseline will result in either a corner kick or a kick starting from near the goal.
- Substitutes may be made at any time. Substitutes must enter from their defensive end line.
- Slide tackling is not permitted.

Sportsmanship

One of the major goals of our program is to provide a safe, fair and enjoyable playing environment for all participants. Unsportsmanlike behavior generally causes games to become not enjoyable, unfair, and in some instances, unsafe. If any player or team exhibits conduct that is deemed unacceptable by the Intramural Sports Staff, one warning will be given to the team captain. A second instance of unsporting behavior by any team member will result in the team being disqualified from the league.

*All rules not specifically covered in this document will be enforced as NHFS Soccer Rules.
All rules are subject to change by the Intramural Sports professional staff.*