



Intramural Sports Sand Volleyball Rules



Intramural Sports Participant Manual

- All participants are required to adhere to the policies of Intramural Sports. This information is located online at <http://intramurals.athletics.cornell.edu>.
- In the Intramural Sports Participant Manual, you will find important information regarding:

Team Information	Participant Information
• Registration	• Eligibility
• Divisions	• Participation
• Playoffs	• Participant Conduct
• Sportsmanship	• Safety
• Forfeits and Cancellations	• Alcohol and Drug Policy
• Protests	
• Champions	

Courts

Behind Clara Dixon Hall on North Campus

Timing

- Matches will consist of a best-of-three game series (15, 15, 11).
- All games will use a win-by-two format. The first two games will cap at 20 and the third game (if necessary) will cap at 15.
- Each team will be granted one 60-second timeout per game. Unused timeouts do not carry over from game-to-game.
- Teams will switch sides before the second game. The team that did not serve the first game will serve to begin the second. If a third game is to be played, another coin toss will take place, and the winner will choose either side or serve.

Players

- A team shall be composed of two players. A team is allowed a maximum of 3 people on their roster.
- A minimum of two players are required to start, continue, and finish a match.
- Substitutions: Teams may substitute only on their serve and must be in a rotating order.

General Playing Rules

- A coin toss will be conducted prior to the match. The winning team may choose side or serve.
- Games will be self-officiated.
- Serves may be underhand, overhand or participants may attempt to jump serve. Serves may be taken from anywhere along the end line.
- If the serve touches the net, inside the antennas (sidelines), it is live and must be played. The ball will be deemed out of play if it hits a post, net support, or the net outside of the court boundary.
- Players may cross the centerline but may not interfere with their opponent(s).
- Double hits should not be called on a hard hit or a serve; however, a lift may be called.
- Players may contact the ball with any part of the body, including the feet, whether intentionally or not.

- Boundary lines that are moved during play shall not cause a rally to stop. If it cannot be determined whether a ball lands "in" or "out" the rally shall be cancelled and replayed.

*All rules not specifically covered in this document will be enforced as USVA Sand Volleyball Rules.
All rules are subject to change by the Intramural Sports professional staff.*